

Ryan Adams



Testing Date: 01/06/2023 1:14 PM

Squat	Hang Clean
386.4 lbs	212.75 lbs

Biometrics

Weight	Height	Reach	Wingspan	Handsize
192 in.	72 in.	85 in.	73 in.	-

Results

ESI Index

729

Hang Clean Index: 308

Squat Index: 421

